

What to expect at your private consultation?



Visit or book at a participating pharmacy. No referral needed



Consultations will take place in a fully equipped, private, consultation room



During your appointment, the pharmacist will take your medical history, assess your symptoms, ask relevant questions and discuss suitable options



With your consent, they can share this information with your GP or other healthcare providers



If appropriate, the pharmacist may prescribe medication for your condition and explain how to use it safely



Your pharmacist will arrange follow up appointments with you to monitor your progress

Ask your pharmacist today!

No need for an appointment.

Just ask your pharmacist to see if they can help.



Take the first step towards better health.



Think Pharmacy First

Asthma

Improving asthma symptoms

Pharmacists can now help actively manage and treat asthma.



Ask Your Pharmacist

How your pharmacist can help

Your prescribing pharmacist will:

- **Listen** to your concerns and take a thorough medical history
- **Conduct** an assessment and examination, where appropriate
- **Develop** an Asthma Action Plan to control symptoms
- **Help** you to manage flare-ups quickly
- **Review** your medicines or prescribe new ones where appropriate
- **Update** your GP and healthcare team
- **Refer** you to other healthcare providers, if needed.

Asthma is a lung condition that affects the airways. It is caused by inflammation which causes airways to become narrow, making it harder to breathe in and out.

Symptoms can be mild or severe and may affect daily life. There is no cure, but with the right treatment, regular check-ups, lifestyle changes and an Asthma Action Plan, asthma can be effectively managed.

Why choose community pharmacy?

Accessible

Open early, late and on weekends

Convenient

Appointments not always necessary, walk in or book ahead

Private

Confidential consultations in a dedicated consultation room

Affordable

A cost effective, convenient way to manage your health

Professional

Authorised and trained pharmacists

Connected

With your consent, we can notify your GP and arrange referrals where needed

Who can offer the services?

Prescribing pharmacists are registered, qualified and authorised pharmacists who have completed postgraduate training so they can assess, diagnose and treat a range of everyday and long-term health conditions.

The advanced training focuses on clinical assessment, diagnosis, medication management and prescribing, undertaken in close partnership with a designated prescriber.

Before this, they have already completed a four-year pharmacy degree or a master's degree, a year of supervised internship, national registration exams and ongoing professional development.



Safe and trusted care

In many countries, community pharmacists have safely provided these health services for decades*, helping patients access timely care close to home.

Training and education standards for pharmacists are set by the Australian Pharmacy Council, under the authority of the Pharmacy Board of Australia, which operates within the Australian Health Practitioner Regulation Agency (Ahpra).

*2015 NHS Wales Independent Review of Pharmacy Prescribing Evidence



Ask Your Pharmacist