

## What to expect at your private consultation?



Visit or book at a participating pharmacy. No referral needed



Consultations will take place in a fully equipped, private, consultation room



During your appointment, the pharmacist will take your medical history, assess your symptoms, ask relevant questions and discuss suitable options



With your consent, they can share this information with your GP or other healthcare providers



If appropriate, the pharmacist may supply medication for your condition and explain how to use it safely



Your pharmacist will arrange follow up appointments with you to monitor your progress

## Ask your pharmacist today!

No need for an appointment.

Just ask your pharmacist to see if they can help.



Take the first step towards better health.



**Think** Pharmacy First

## UTI

Urinary tract infections or uncomplicated cystitis

Pharmacists can now help actively manage and treat UTIs.



Ask Your Pharmacist

## How your pharmacist can help

### Your pharmacist will:

- **Listen** to your concerns and take a patient history
- **Assess** your symptoms and your risk for developing a more serious infection
- **Review** your medicines and supply treatment for your uncomplicated urinary tract infection, where appropriate
- **Provide** advice on symptom relief and self care
- **Update** your GP and healthcare team
- **Refer** you to other healthcare providers, if needed.

Uncomplicated cystitis is a common bladder infection caused by bacteria entering the urinary tract.

It is uncomfortable but usually mild and resolves quickly with prompt treatment.

Common symptoms include burning when urinating, frequent urination, and lower abdominal discomfort.

Early assessment and appropriate treatment help you recover faster and prevent complications.

## Why choose community pharmacy?

### Accessible

Open early, late and on weekends

### Convenient

Appointments not always necessary, walk in or book ahead

### Private

Confidential consultations in a dedicated consultation room

### Affordable

A cost effective, convenient way to manage your health

### Professional

Authorised and trained pharmacists

### Connected

With your consent, we can notify your GP and arrange referrals where needed

## Who can offer the services?

Community pharmacists who have completed accredited training are able to assess symptoms and supply treatment for uncomplicated urinary tract infections in eligible women aged between 18 and 65 years.

Community pharmacists have already completed a four-year pharmacy degree or a master's degree, a year of supervised internship, national registration exams and ongoing professional development.



### Safe and trusted care

In many countries, community pharmacists have safely provided these health services for decades\*, helping patients access timely care close to home.

Training and education standards for pharmacists are set by the Australian Pharmacy Council, under the authority of the Pharmacy Board of Australia, which operates within the Australian Health Practitioner Regulation Agency (Ahpra).

\*2015 NHS Wales Independent Review of Pharmacy Prescribing Evidence



## Ask Your Pharmacist